

Standard Concentrate (5:1 liquid herbal extract)

<u>English Name</u>	<u>Pin Yin Name</u>	<u>Function</u>	<u>Ingredients Pin Yin</u>	<u>Ingredients English</u>
Anem Phello & Rehmannia	Zhi Bai Di Huang Wan	Clears vacuity fire, enriches & supplements liver & kidney	shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi, zhi mu, huang bai	Prepared Rehmannia root, Cornus fruit, Chinese Yam root, Poria sclerotium fungus, Alisma rhizome, Moutan root bark, Anemarrhena
Astragalus & Ganoderma	Huang Qi Ling Zhi San Modified	Boosts & supplements qi, strengthens right qi, enriches yin, nourishes blood, engenders fluids, fortifies spleen, warms & supplements kidneys, checks sweating, allays thirst, suppresses cough	huang qi, ling zhi, mai men dong, wu wei zi, nu zhen zi, ci wu jia, bai zhu, shi hu, gou qi zi, he shou wu, dang gui, dang shen, ren shen, du zhong, chen pi, gan cao	Astragalus root, Ganoderma fungus, Ophiopogon root, Schisandra fruit, Ligustrum fruit, Siberian Gingeng root, White Atractylodes rhizome, Dendrobium herb, Lycium fruit, Polygonum root, Dong Quai root, Codonopsis root, White Chinese Ginseng root, Eucommia bark, Citrus Magnolia flower, Xanthium fruit, Phellodendron bark, Forsythia fruit, Chinese Licorice root, Fragrant Angelica root, Platycodon
Bi Yan Pian	Bi Yan Pian	Dispels wind cold or wind heat, dispels & drains damp, opens the sinuses	xin yi hua, cang er zi, huang bai, lian qiao, gan cao, bai zhi, jie geng, wu wei zi, zhi mu, ju hua, fang feng, jie geng	grandiflorum root, Schisandra fruit, Anemarrhena rhizome, Wild Chrysanthemum flower, Siler root, Persica seed, Carthamus flower, Dong Quai root, Cyathula root, Raw Rehmannia root, Red Peony root, Mature Bitter Orange fruit, Ligustricum rhizome, Platycodon
Blood Mansion	Xue Fu Zhu Yu Tang	Activates blood, transforms stasis, circulates qi, relieves pain, resolves depressive heat	tao ren, hong hua, dang gui, chuan niu xi, sheng di huang, chi shao, zhi ke, chuan xiong, jie geng, chai hu, gan cao	grandiflorum root, Bupleurum root, Bupleurum root, Pinellia rhizome, Cinnamon twig, White Peony root, White Chinese Ginseng root, Jujube date, Fresh Ginger rhizome, Scutellaria root, Chinese Licorice root
Bupleurum & Cinnamon	Chai Hu Gui Zhi Tang	Harmonizes & resolves shaoyang, releases muscles, releases exterior	chai hu, ban xia, gui zhi, bai shao, ren shen, da zao, sheng jiang, huang qin, gan cao	grandiflorum root, Bupleurum root, Bupleurum root, Pinellia rhizome, Cinnamon twig, White Peony root, White Chinese Ginseng root, Jujube date, Fresh Ginger rhizome, Scutellaria root, Chinese Licorice root
Bupleurum & Dong Quai	Xiao Yao San	Courses the liver, resolves depression, raises the clear yang of spleen, harmonizes ying, nourishes the blood	chai hu, bai shao, dang gui, fu ling, bai zhu, sheng jiang, gan cao, bo he	Bupleurum root, White Peony root, Dong Quai root, Poria sclerotium fungus, White Atractylodes rhizome, Fresh Ginger rhizome, Chinese Licorice root, Mentha herb

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Bupleurum & Dragon Bone	Chai Hu Jia Long Gu Mu Li Tang	Resolve taiyang, shaoyang & yangming disorders, calm shen	chai hu, ban xia, gui zhi, fu ling, dang shen, long gu, mu li, da zao, sheng jiang, huang qin, da huang	Bupleurum root, Pinellia rhizome, Cinnamon twig, Poria sclerotium fungus, Scutellaria root, Codonopsis root, Dragon bone, Oyster shell, Fresh Ginger rhizome, Jujube date, Chinese Rhubarb rhizome
Bupleurum & Peony	Dan Zhi Xiao Yao San	Course liver & resolve depression, transform stasis, move blood, harmoize ying, nourish blood, tonify spleen, resolve depressive heat	chai hu, bai shao, dang gui, fu ling, bai zhu, sheng jiang, gan cao, bo he, mu dan pi, zhi zi	Bupleurum root, White Peony root, Dong Quai root, Poria sclerotium fungus, White Atractylodes rhizome, Fresh Ginger rhizome, Moutan root bark, Gardenia fruit, Chinese Licorice root, Mentha herb
Bu Tiao	Bu Xue Tiao Jing Tang	Courses the liver & resolves depression, quickens the blood & transforms stasis, warms the menses & scatters cold, supplements spleen & kidney, nourishes blood, checks vaginal discharge	xiang fu, mei gui hua, ji xue teng, bi cheng qie, shi da gong lao ye, sang ji sheng, yi mu cao, gao liang jiang, FICUS ROOT, ai ye, SHEPARD'S PURSE, dang shen, bai zhu, gan cao, e jiao, rou gui	Cyperus rhizome, Rose hips, Millettia stem, Litsea root, Mahonia leaf, Loranthus twig, Chinese Motherwort herb, Lesser Galanga rhizome, Ficus root, Artemisia leaf, Shepard's Purse herb, Codonopsis root, White Atractylodes rhizome, Chinese Licorice root, Donkey hide gelatin, Cinnamon bark
Carthamus & Persica	Tao Hong Si Wu Tang	Activates blood, transforms stasis, nourishes blood	tao ren, hong hua, dang gui, bai shao, chuan xiong, shu di huang	Carthamus flower, Persica seed, Prepared Rehmannia root, Dong Quai root, Ligusticum rhizome, White Peony root
Citrus & Crataegus	Bao He Wan	Disperses food stasis, fortifies spleen, harmonizes stomach	shan zha, ban xia, ful ing, shen qu, chen pi, lian qiao, lai fu zi	Chinese Hawthorne fruit, Pinellia rhizome, Poria sclerotium fungus, Medicated Leaven plant, Citrus peel, Forsythia fruit, Radish seed
Citrus & Pinellia Plus	Er Chen Tang Mod	Dries damp, transforms phlegm, rectifies qi, harmonizes the center	ban xia, fu ling, chen pi, gua lou, bei mu, zhi gan cao, sheng jiang, wu mei	Citrus peel, Pinellia rhizome, Poria sclerotium fungus, Trichosanthes fruit, Chinese Fritillaria bulb, Honey-Baked Licorice root, Fresh Ginger rhizome, Mume fruit

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Clematis & Stephania	Su (Shu) Jing Huo Xue Tang	Quickens the blood & transforms stasis, dispels wind dampness, relieves pain	chi shao, shu di huang, tao ren, dang gui, chuan xiong, can zhu, fu ling, qiang huo, chen pi, wei ling xian, fen fang ji, fang feng, qin jiao, huai niu xi, bai zhi, sheng jiang, gan cao	Red Peony root, Prepared Rehmannia root, Persica seed, Dong Quai root, Ligusticum rhizome, Red Atractylodes rhizome, Poria sclerotium fungus, Notopterygium rhizome, Citrus peel, Chinese Clematis root, Stephania tetrandia root, Siler root, Large Leaf Gentian root, Achyranthes root, Fragrant Angelica root, Fresh Ginger rhizome, Chinese Licorice root
Coptis & Pinellia	Huang Lian Wen Dan Tang	Rectifies qi, transforms phlegm, clears the gall bladder, harmonizes the stomach	ban xia, fu ling, chen pi, zhi ke, zhu ru, huang lian, da zao, gan cao, sheng jiang	Poria sclerotium fungus, Citrus peel, Immature Bitter Orange fruit, Bamboo shavings, Pinellia rhizome, Coptis rhizome, Jujube date, Fresh Ginger rhizome, Chinese Licorice root
Coptis & Scute	Huang Lian Jie Du Tang	Drains fire, relieves toxin, clears heat and transforms damp	huang qin, zhi zi, huang bai, huang lian	Scutellaria root, Gardenia fruit, Phellodendron bark, Coptis rhizome
Curing	Kang Ning Wan	Dispels summertime windcold, eliminates damp, regulates the center, resolves food stagnation	fu ling, yi yi ren, huo po, bai zhu, huo xiang, ge gen, bai zhi, mu xiang, tian hua fen, gu ya, shen qu, gou teng, ju hua, chen pi, bo he	Poria sclerotium fungus, Coix seed, Magnolia bark, White Atractylodes rhizome, Agastache herb, Pueraria root, Fragrant Angelica root, Saussurea root, Trichosanthes root, Oryza sprout, Fermented Leaven, Gastrodia rhizome, Chrysanthemum flower, Citrus peel, Mentha herb
Dianthus	Ba Zheng Tang	Clears heat, drains fire, disinhibits water and frees strangury	hua shi, qu mai, mu tong, bian xu, deng xin cao, zhi zi, che qian zi, gan cao, da huang	Talc mineral, Dianthus herb, Akebia stem, Polygonum root, Juncus pith, Gardenia fruit, Plantago seed, Chinese Licorice root, Chinese Rhubarb rhizome

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Ding Chuan Tang	Ding Chuan Tang Mod	Diffuses lung, clears heat, calms wheezing	bai guo, ban xia, ma huang, zi su zi, xing ren, sang bai pi, shi gao, huang qin, kuan dong hua, gan cao	Gingko seed, Pinellia rhizome, Perilla seed and leaf, Armenica seed, Chinese Fritillaria bulb, White Mulberry root bark, Ganoderma fungus, Gypsum mineral, Coltsfoot flower, Scutellaria root, Caryophylli flower, Chinese Licorice root
Du Huo & Loranthus	Du Huo Ji Sheng Tang	Dispels wind damp, relieves impediment pain, supplements liver & kidney, supplements qi & blood	du huo, sang ji sheng, fu ling, shu di huang, du zhong, sang zhi, fang feng, xi xin, ren shen, rou gui, dang gui, bai shao, chuan xiong, chuan niu xi, gan cao	Pubescent Angelica root, Loranthus twig, Poria sclerotium fungus, Prepared Rehmannia root, Eucommia bark, Large Leaf Gentian root, Achyranthes root, Siler root, Asarum herb, Kirin Ginseng root, Cinnamon bark, Dong Quai root, White Peony root, Ligusticum root, Chinese Licorice root
Four Gentlemen	Si Jun Zi Tang	Supplements spleen & boosts qi	dang shen, bai zhu, fu ling, gan cao	Chinese White Ginseng root, White Atractylodes rhizome, Poria sclerotium fungus, Licorice root
Gan Mao Ling	Gan Mao Ling	Releases the exterior, clear heat, resolves toxin	ju hua, jin yin hua, ban lan gen, bo he, wu zhu yu, mao dong qing, man jing zi	Ilex pubescens root, Evodia root, Vitex fruit, Chrysanthemum flower, Lonicera flower, Isatis root, Mentha herb
Gastrodia Uncaria	Tian Ma Gou Teng Yin	Calms liver, extinguishes wind, clears heat, quickens blood, boosts liver & kidney	gou teng, tian ma, sang ji sheng, du zhong, chuan niu xi, huang qin, yi mu cao, ye jiao teng, fu ling, shi jue ming, zhi zi	Uncaria twig, Gastrodia rhizome, Loranthus twig, Eucommia bark, Cyathula root, Scutellaria root, Chinese Motherwort herb, Polygonum stem, Poria sclerotium fungus, Haliotis shell, Gardenia fruit
Gentiana	Long Dan Xie Gan Tang	Drains liver & gallbladder fire, clears lower burner damp heat	huang qin, sheng di huang, long dan cao, dang gui, chai hu, che qian zi, ze xie, mu tong, gan cao	Scutellaria root, Raw Rehmannia root, Gentian tails, Dong Quai root, Bupleurum root, Plantago seed, Alisma rhizome, Gardenia fruit, Akebia stem, Chinese Licorice root

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Ginseng & Astragalus	Bu Zhong Yi Qi Tang	Supplements the center, boosts the qi, upbears yang, uplifts the fallen	huang qi, bai zhu, dang gui, dang shen, chai hu, chen pi, sheng ma, zhi gan cao, ren shen	Astragalus root, White Atractylodes rhizome, Dong Quai root, Codonopsis root, Bupleurum root, Citrus peel, Cimicifuga rhizome, Honey-Baked Chinese Licorice root, Kirin Ginseng root
Ginseng & Atractylodes	Shen Ling Bai Zhu San	Supplements spleen, boosts the qi, disinhibits water, percolates damp	yi yi ren, bai bian dou, lian zi, shan yao, fu ling, bai zhu, jie geng, sha ren, zhi gan cao	Coix seed, Dolichos seed, Lotus seed, Chinese Yam root, Poria sclerotium fungus, White Ginseng root, White Atractylodes rhizome, Platycodon grandiflorum root, Cardamon fruit, Honey-Baked Licorice root
Ginseng & Longan	Gui Pi Tang	Boosts qi, supplements blood, supplements spleen, nourishes heart	huang qi, bai zhu, dang gui, fu ling, long yan rou, suan zao ren, yuan zhi, gan cao, mu xiang, ren shen, da zao, sheng jiang	Astragalus root, Kirin Ginseng root, Longan fruit, Roasted Zizyphus seed, Poria sclerotium fungus, White Atractylodes rhizome, Dong Quai root, Polygala rot, Saussurea root, Jujube date, Fresh Ginger rhizome, Chinese Licorice root
Ginseng Nutritive	Ren Shen Yang Ying Tang	Boosts qi, nourishes blood & heart, quiets the shen	huang qi, dang gui, shu di huang, fu ling, bai zhu, bai shao, chen pi, yuan zhi, wu wei zi, sheng jiang, da zao, gan cao, rou gui	Astragalus root, Kirin Ginseng root, Dong Quai root, Prepared Rehmannia root, Poria sclerotium fungus, White Atractylodes rhizome, White Peony root, Citrus peel, Polygala root, Schisandra fruit, Fresh Ginger rhizome, Jujube date, Chinese Licorice root, Cinnamon bark
Ginseng & Zizyphus	Tian Wang Bu Xin Tang	Supplements yin, nourishes blood, supplements heart, quiets the shen	sheng di huang, xuan shen, wu wei zi, tian men dong, dang gui, mai men dong, suan zao ren, bai zi ren, yuan zhi, fu ling, dan shen, ren shen, jie geng	Raw Rehmannia root, Scrophularia root, Schisandra fruit, Chinese Asparagus root, Dong Quai root, Ophiopogon root, Roasted Zizyphus seed, Biota seed, Polygala root, Poria sclerotium fungus, Salvia root, Kirin Ginseng root, Platycodon grandiflorum root

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Hemostatic	Zhi Xue Tang	Stanches bleeding	ce bai ye, shan dou gen, chao di yu, ai ye, bai mao gen, pu huang tan	Biota leaf, Shrubby Sophora root, Charred Sanguisurba root, Artemesia leaf, Impereta rhizome, Charred Cattail Pollen
Isatis	Chuan Xin Lian Kang Yan, Modified	Resolves fire toxin & inflammation, cools blood, soothes throat	ban lan gen, da qing ye, chuan xin lian, pu gong ying, zi hua di ding, xia ku cao, niu bang zi, niu bang gen, zi cao	Isatis root & leaf, Andrographis herb, Dandelion leaf & root, Burdock seed & root, Viola herb, Lithospermum root, Prunella spike
Jade Screen	Yu Ping Feng San	Supplements qi, resolves exterior, checks sweating	huang qi, fang feng, bai zhu	Astragalus root, Siler root, White Atractylodes rhizome
Jin Gu	Jin Gu Die Shang Wan	Quickens blood & transforms stasis, staunches bleeding, disperses swellings, relieves pain	san qi, dang gui, xue jie, mo yao, hong hua, xu duan, gu sui bu, ru xiang, he huan pi, yu jin, bai zhi, sha ren	Pseudoginseng root, Dragon blood resin, Dong Quai root, Carthamus flower, Myrrh resin, Olibanum resin, Dipsacus root, Drynaria root, Albizzia bark, Curcuma root, Angelica root, Amomum fruit & seed
Li Dan	Li Dan Pian	Disinhibits qi of the gall bladder, expels stones, relieves pain	jin qian cao, huang qin, mu xiang, yin chen hao, chai hu, da qing ye, jin yin hua, zhi shi, e zhu, hou po, da fu pi, da huang	Lysimachia herb, Scutellaria root, Sausurrea root, Artemesia Capillaris root, Bupleurum root, Isatis leaf, Lonicera flower, Immature Bitter Orange fruit, Curcuma rhizome, Magnolia bark, Areca husk, Chinese Rhubarb
Lycium & Rehmannia	Qi Ju Di Huang Wan	Enriches & supplements liver & kidneys	shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi, gou qi zi, ju hua	Prepared Rehmannia root, Cornus fruit, Chinese Yam root, Poria sclerotium fungus, Alisma rhizome, Moutan root bark, Lycium fruit, Chrysanthemum flower
Minor Bupleurum	Xiao Chai Hu Tang	Harmonizes & resolves shaoyang	chai hu, ban xia, huang qin, da zao, dang shen, sheng jiang, gan cao, ren shen	Bupleurum root, Pinellia rhizome, Scutellaria root, Jujube date, Codonopsis root, Fresh Ginger rhizome, Chinese Licorice root, White Chinese Ginseng root
Pinellia & Magnolia	Ban Xia Hou Po Tang	Precipitates qi, downbears counterflow, disperses phlegm	ban xia, hou po, chen pi, fu ling, sheng jiang, zi su ye	Pinellia rhizome, Poria sclerotium fungus, Fresh Ginger rhizome, Magnolia bark, Perilla leaf

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Pinellia X	Qing Qi Hua Tan Wan	Clears heat, transforms phlegm, rectifies qi, suppresses cough	ban xia, zhi nan xing, chen pi, xing ren, fu ling, gua lou ren, huang qin, zhi ke	Pinellia rhizome, Prepared Arisaema rhizome, Citrus peel, Armeniaca seed, Poria sclerotium fungus, Trichosanthes seed, Scutellaria root, Immature Bitter Orange fruit
Ping Wei San	Ping Wei San	Dries dampness, fortifies the spleen, regulates stomach qi, harmonizes the middle burner	cang zhu, hou po, chen pi, gan cao, sheng jiang, hong zao	Atractylodes lancea rhizome, Magnolia bark, Citrus peel, Chinese Licorice root, Fresh Ginger rhizome, Red Dates
Platycodon & Fritillaria	Qing Fei Tang	Clears heat, transforms phlegm, suppresses cough, moistens lung	mai men dong, xing ren, tian men dong, jie geng, sang bai pi, fu ling, dang gui, da zao, bei mu, huang qin, zhi zi, zhu ru, chen pi, gan cao, wu wei zi, sheng jiang	Ophiopogon root, Poria sclerotium fungus, Dong Quai root, Jujube date, Platycodon grandiflorum root, Chinese Fritillaria bulb, Scutellaria root, Armeniaca seed, Bamboo shavings, Gardenia fruit, Citrus peel, White Mulberry root bark, Chinese Asparagus root, Chinese Licorice root, Schisandra fruit, Fresh Ginger rhizome
Pueraria Plus	Ge Gen Tang, Modified	Dispels wind, eliminates dampness, clears heat, opens portals of the nose	ge gen, da zao, gui zhi, sheng jiang, ma huang, gan cao, jiang huang	Pueraria root, Jujube date, Cinnamon twig, Fresh Ginger rhizome, Perilla leaf, Chinese Licorice root, Turmeric rhizome, Notopterygium rhizome, Schizonepeta herb, White Peony root
Pueraria "N" (Nasal)	Qing Bi Tang	Resolves exterior & muscle layer, engenders fluids	ge gen, xin yi hua, yi yi ren, jie geng, da zao, shi gao, da huang, chuan xiong, gui zhi, sheng jiang, ma huang, gan cao, bai shao	Pueraria root, Magnolia flower, Coix seed, Platycodon grandiflorum root, White Peony root, Angelica dahurica root, Cinnamon twig, Gypsum mineral, Jujube date, Fresh Ginger rhizome, Chinese Rhubarb rhizome, Ligusticum rhizome, Chinese Licorice root
Rehmannia Six	Liu Wei Di Huang Wan	Enriches & supplements liver & kidneys	shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi	Prepared Rehmannia root, Cornus fruit, Chinese Yam root, Poria sclerotium fungus, Alisma rhizome, Moutan root bark

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Rehmannia Eight Plus	Ba Wei Di Huang Wa,n Modified	Warms & supplements liver & kidney	du zhong, shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi, rou cong rong, rou gui, suo yang, ba ji tian, bu gu zhi, tu si zi, gou qi zi	Eucommia bark, Prepared Rehmannia root, Cornus fruit, Chinese Yam root, Poria sclerotium fungus, Alisma rhizome, Moutan root bark, Cistanche herb, Cinnamon bark, Cynomorium herb, Morinda root, Psoralea fruit, Cuscata seed, Lycium fruit
Restore the Left	Zuo Gui Yin, Modified?	Nourishes & supplements kidney yin, supplements essence, benefits marrow	shu di huang, shan zhu yu, shan yao, tu si zi, gou qi zi, chuan niu xi, lu jiao jiao, gui ban??	Prepared Rehmannia root, Cuscuta seed, Chinese Yam root, Lycium fruit, Cornus fruit, Cyathula root
Restore the Right	You Gui Yin, Modified	Warms the kidney, replenishes essence	shu di huang, ba ji tian, rou gui, gou qi zi, du zhong, shan zhu yu, dang gui, tu si zi, lu rong?	Prepared Rehmannia root, Morinda root, Cinnamon bark, Lycium fruit, Eucommia bark, Dong Quai root, Cuscuta seed
Saussurea & Cardamon	Xiang Sha Liu Jun Zi Tang	Boosts qi, fortifies spleen, harmonizes spleen-stomach, tranforms dampness	bai zhu, fu ling, ban xia, chen pi, mu xiang, sha ren, ren shen, dang shen, sheng jiang, zhi gan cao	White Atractylodes rhizome, Poria sclerotium fungus, Pinellia rhizome, Citrus peel, Saussurea root, Cardmon Amomum fruit, Kirin Ginseng root, Codonopsis root, Fresh Ginger rhizome, Honey-Baked Chinese Licorice root
Sheng Mai San	Sheng Mai San	Boosts the qi, enriches yin, engenders both the fluids & pulse, checks sweating	ren shen, mai men dong, wu wei zi	Chinese White Ginseng root, Ophiopogon root, Schisandra fruit
Shu Kan	Su Gan Wan	Moves qi & resolves depression	xiang fu, bai shao, chen pi, qing pi, yan hu suo, chai hu, zhi ke, sha ren, mu dan pi, xuan fu hua, gan cao, yu jin, bai dou kou, chen xiang, tan xiang, hou po, mu xiang	Cyperus rhizome, White Peony root, Citrus peel, Green Citrus peel, Corydalis rhizome, Bupleurum root, Mature Bitter Orange fruit, Cardamon Amomum fruit, Moutan root bark, Inula flower, Chinses Licorice root, Curcuma root, Cardamon fruit, Aquilaria wood, Sandalwood wood, Magnolia bark, Saussurea root

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Si Ni San	Si Ni San	Courses constrained liver qi, effuses outward the repletion heat bound in the interior, harmonizes the liver & spleen	chai hu, zhi shi, bai shao, gan cao	Bupleurum root, Immature Bitter Orange fruit, White Peony root, Chinese Licorice root
To Jing	Tong Jing Tang	Quickens blood, transforms stasis, courses qi, nourishes blood, relieves pain	yu jin, chi shao, san leng, hong hua, dang gui, chuan xiong, dan shen	Curcuma root, Red Peony root, Sparganium rhizome, Carthamus flower, Dong Quai root, Ligusticum rhizome, Salvia root
Two Immortals	Er Xian Tang	Enriches & supplements liver & kidneys, warms yang while draining fire, regulates & harmonizes chong & ren	xian mao, yin yang huo, ba ji tian, huang bai, zhi mu, dang gui	Curculigo rhizome, Epimedium herb, Morinda root, Phellodendron bark, Anemarrhena rhizome, Dong Quai root
Women's Precious	Ba Zhen Tang	Supplements & regulates blood, warms & boosts qi	dang shen, dang gui, shu di huang, chuan xiong, bai shao, bai zhu, fu ling, gan cao, ren shen	Dong Quai root, Prepared Rehmannia root, White Peony root, White Atractylodes rhizome, Poria sclerotium fungus, Ligusticum rhizome, Codonopsis root, Chinese Licorice root, Kirin Ginseng root
Wu Chi San	Wu Chi San			
Yi Guan Jian	Yi Guan Jian	Nourishes & supplements liver & kidney yin, courses the liver & releases constraint	sheng qi huang, gou qi zi, sha shen, mai men dong, dang gui, chuan lian zi	Raw Rehmannia root, Lycium fruit, Glehnia root, Ophiopogon root, Dong Quai root, Melia Toosendan fruit
Yin Qiao	Yin Qiao San	Relieves exterior wind heat, clears heat, resolves toxins	jin yin hua, lian qiao, dan dou chi, jie geng, niu bang zi, lu gen, bo he, jing jie, gan cao, zhu ye	Lonicera flower, Forsythia fruit, Prepared Soybean, Platycodon grandiflorum root, Burdock seed, Phragmites rhizome, Bamboo leaf, Schizonepeta herb, Mentha herb, Chinese Licorice root
Yue Ju Wan	Yue Ju Wan	Rectifies the qu, releases constraint, relieves stasis of qi, blood, fire, phlegm, damp or food accumulation	xiang fu, chuan xiong, cang zhu, shen qu, zhi zi	Cyperus rhizome, Ligusticum wallichii rhizome, Atractylodes lancea, Massa Fermenta, Gardenia fruit

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Zhen Wu Tang	Zhen Wu Tang	Warms the yang, disinhibits water & percolates dampness	bai zhu, fu ling, zhi fu zi, bai shao, sheng jiang	White Atractylodes rhizome, Poria sclerotium fungus, Prepared Aconite Carmichaeli, White Peony root, Fresh Ginger rhizome
Zhi Sou san	Zhi Sou San	Diffuses the lung, transforms phlegm, suppresses cough, dispels & resolves the exterior	zi wan, bai bu, bai qian, jie geng, jing jie, chen pi, gan cao	Asteris root, Stemonae root, Cynanchi root, Platycodon grandiflorum root, Schizonepeta herb, Citrus peel, Chinese Licorice root
Zhong Gan Ling	Zhong Gan Ling	Resolves the exterior with its cool & acrid properties, clears heat, resolves toxins	mao dong qin, ge gen, sang ye, ban lan gen, qing hao, shi gao, qiang huo	Ilex root, Pueraria root, Vervain leaf, Isatis root, Artemesia herb, Gypsum mineral, Notopterygium rhizome
Zizyphus	Suan Zao Ren Tang & Gan Mai Da Zao Tang	Nourishes blood, quiets the spirit, clears heat, eliminates vexation, nourishes heart	suan zao ren, fu ling, zhi mu, gan cao, da zao, chuan xiong, fu xiao mai	Roasted Zizyphus Jujube seed, Poria sclerotium fungus, Ligusticum wallichii rhizome, Anemarrhena rhizome, Chinese Licorice root, Wheat chaff/grain, Jujube date

Super Concentrate (8:1 liquid herbal extract)

<u>English Name</u>	<u>Pin Yin Name</u>	<u>Function</u>	<u>Ingredients Pin Yin</u>	<u>Ingredients English</u>
Anem-Phello & Rehmannia	Zhi Bai Di Huang Wan	Clears vacuity fire, enriches & supplements liver & kidney	shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi, zhi mu, huang bai	Prepared Rehmannia root, Cornus fruit, Chinese Yam root, Poria sclerotium fungus, Alisma rhizome, Moutan root bark, Anemarrhena rhizome, Phellodendron bark
Bupleurum & Dong Quai	Xiao Yao San	Courses the liver, resolves depression, raises the clear yang of spleen, harmonizes ying, nourishes the blood	chai hu, bai shao, dang gui, fu ling, bai zhu, sheng jiang, gan cao, bo he	Bupleurum root, White Peony root, Dong Quai root, Poria sclerotium fungus, White Atractylodes rhizome, Fresh Ginger rhizome, Chinese Licorice root, Mentha herb

<u>English Name</u>	<u>Pin Yin Name</u>	<u>Function</u>	<u>Ingredients Pin Yin</u>	<u>Ingredients English</u>
Bupleurum & Dragon Bone	Chai Hu Jia Long Gu Mu Li Tang	Resolve taiyang, shaoyang & yangming disorders, calm shen	chai hu, ban xia, gui zhi, fu ling, dang shen, long gu, mu li, da zao, sheng jiang, huang qin, da huang	Bupleurum root, Pinellia rhizome, Cinnamon twig, Poria sclerotium fungus, Scutellaria root, Codonopsis root, Dragon bone, Oyster shell, Fresh Ginger rhizome, Jujube date, Chinese Rhubarb rhizome
Four Gentlemen	Si Jun Zi Tang	Supplements spleen & boosts qi	dang shen, bai zhu, fu ling, gan cao	Chinese White Ginseng root, White Atractylodes rhizome, Poria sclerotium fungus, Licorice root
Ginseng & Astragalus	Bu Zhong Yi Qi Tang	Supplements the center, boosts the qi, upbears yang, uplifts the fallen	huang qi, bai zhu, dang gui, dang shen, chai hu, chen pi, sheng ma, zhi gan cao, ren shen	Astragalus root, White Atractylodes rhizome, Dong Quai root, Codonopsis root, Bupleurum root, Citrus peel, Cimicifuga rhizome, Honey-Baked Chinese Licorice root, Kirin Ginseng root
Ginseng & Longan	Gui Pi Tang	Boosts qi, supplements blood, supplements spleen, nourishes heart	huang qi, bai zhu, dang gui, fu ling, long yan rou, suan zao ren, yuan zhi, gan cao, mu xiang, ren shen, da zao, sheng jiang	Astragalus root, Kirin Ginseng root, Longan fruit, Roasted Zizyphus seed, Poria sclerotium fungus, White Atractylodes rhizome, Dong Quai root, Polygala rot, Saussurea root, Jujube date, Fresh Ginger rhizome, Chinese Licorice root
Ginseng Nutritive	Ren Shen Yang Yin Tang	Boosts qi, nourishes blood & heart, quiets the shen	huang qi, dang gui, shu di huang, fu ling, bai zhu, bai shao, chen pi, yuan zhi, wu wei zi, sheng jiang, da zao, gan cao, rou gui	Astragalus root, Kirin Ginseng root, Dong Quai root, Prepared Rehmannia root, Poria sclerotium fungus, White Atractylodes rhizome, White Peony root, Citrus peel, Polygala root, Schisandra fruit, Fresh Ginger rhizome, Jujube date, Chinese Licorice root, Cinnamon bark
Jade Screen	Yu Ping Feng San	Supplements qi, resolves exterior, checks sweating	huang qi, fang feng, bai zhu	Astragalus root, Siler root, White Atractylodes rhizome

<u>English Name</u>	<u>Pin Yin Name</u>	<u>Function</u>	<u>Ingredients Pin Yin</u>	<u>Ingredients English</u>
Ophiopogon Plus	Bai He Gu Jin Tang & Sha Shen Mai Dong Tang	Nourishes yin, moistens the lungs, transforms phlegm, suppresses cough	bai he, xing ren, mai men dong, sha shen, dang shen, huang qi, shi hu, tian hua fen, jie geng, sang ye, sang bai pi, fu hai shi, ban xia, da zao, gan cao, yu zhu	Lily bulb, Armeniaca seed, Ophiopogon root, Glehnia root, Codonopsis root, Chinese Asparagus root, Dendrobium herb, Trichosanthes root, Platycodon grandiflorum root, White Mulberry leaf & root bark, Pumice, Pinellia rhizome, Jujube date, Chinese Licorice root, Polygonatum rhizome Prepared Rehmannia root, Cornus fruit, Chinese Yam root, Poria sclerotium fungus, Alisma rhizome, Moutan root bark
Rehmannia Six	Liu Wei Di Huang Wan	Enriches & supplements liver & kidneys	shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi	Prepared Rehmannia root, Morinda root, Cinnamon bark, Lycium fruit, Eucommia bark, Dong Quai root, Cuscuta seed
Restore the Right	You Gui Yin	Warms the kidney, replenishes essence	shu di huang, ba ji tian, rou gui, gou qi zi, du zhong, shan zhu yu, dang gui, tu si zi, lu rong?	Polygonum root, Dong Quai root, Siberian Polygonatum rhizome, Prepared Rehmannia root, Ligusticum rhizome, Fragrant Angelica root, Cardamon Amomum fruit, Clove bud, Citrus peel
Shou Wu	Shou Wu Zhi	Warms & nourishes blood, supplements the kidney	he shou wu, dang gui, yu zhu, shu di huang, chuan xiong, bai zhi, sha ren, ding xiang, chen pi	